

WOMEN'S HEALTH & CLOTTING QUARTERLY



*e-Bulletin Issue 12, March 18, 2026
Special Blood Clot Awareness Month Issue*

Each March, *Blood Clot Awareness Month* brings together patients, families, healthcare professionals, advocacy organizations, and other stakeholders to raise public awareness about blood clot risks, symptoms, and prevention measures.

For more than a decade, the Rowan Foundation has focused on advancing awareness of blood clot risks in women's health, emerging as an early advocacy voice at the intersection of women's health and clotting. Over time, the Foundation has built an unparalleled collection of educational resources in this space to support women, families, patients, and healthcare professionals.

This special *Blood Clot Awareness Month* issue of our *Women's Health & Clotting Quarterly* explores how clotting intersects with women's health, from overlooked risks and evolving conversations about patient voice to recovery after a clot and the future of blood clot awareness. Together, these perspectives underscore the importance of education, well-informed healthcare decisions, and continued awareness.

AWARENESS

Prioritizing blood clot risks in women's health

Blood clots can affect anyone, yet many people remain unfamiliar with the risks and warning signs. [Learn more](#) about why continued awareness and education remain essential for protecting public health.

Blood Clot Awareness Month 2026

A photograph of a purple magnifying glass with the word "overlooked" written in a serif font on a light-colored surface. The magnifying glass is positioned over the word, making it appear larger and more prominent.

overlooked

OVERLOOKED

Why blood clot risks and symptoms get overlooked

Blood clots often develop alongside other medical conditions, which can make the risk harder to spot. [Read more](#) about why clotting risk deserves careful attention in conversations about women's health.



VOICE

When Patient Stories Help, and When They Don't

Personal stories can shape how we understand health risks and make medical decisions. This [commentary](#) examines when the patient voice strengthens awareness—and when it may fall short.

AFTER

The Long Middle: Life After a Blood Clot

Life after a blood clot often involves more than physical recovery. [Learn more](#) from one survivor's perspective about how to navigate the "long middle" of healing, adjustment, recovery, and ongoing awareness.



FUTURE

What Comes Next in Women's Health and Clotting

Conversations about women's health and clotting continue to evolve as research and patient perspectives grow. [Read more](#) about how these developments may shape the future of awareness and prevention.



YOUR VOICE MATTERS

Share Your Story, Inform and Inspire Others

Medical storytelling allows people to validate their experiences while also informing and inspiring others. Every story is different, every story matters. Share your personal story [here](#).

NET-SOURCED NEWS

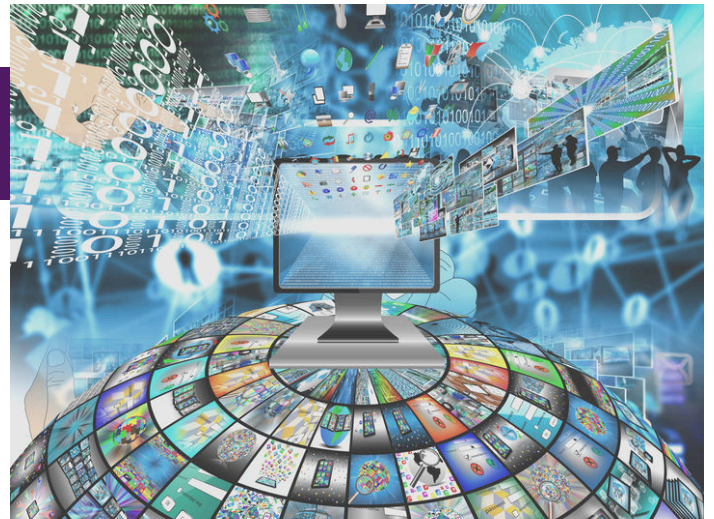
Women's Health News on the Internet

[The birth control pill and cancer: What are the risks?](#)

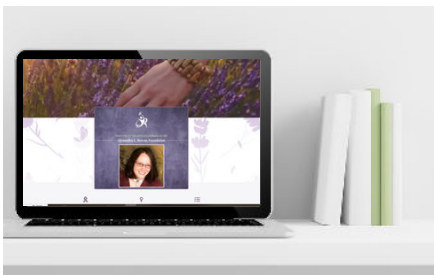
[Simple blood test can identify pregnant patients unlikely to have a blood clot in their lung](#)

[Global Women's Health Shows Signs of Progress; Gaps Remain](#)

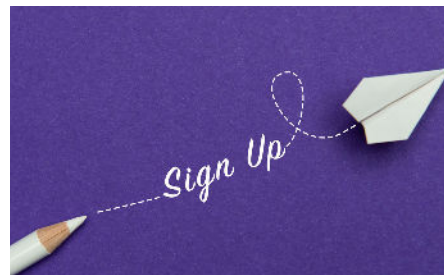
[Popular menopause hormone patch shortage leaves women struggling.](#)



RESOURCES



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