

# CHECKLIST: BLOOD CLOT RISK FACTORS

Discuss all of your risks with your healthcare provider.



Y / N

Hospitalization or surgery	<input type="radio"/>	<input type="radio"/>
Cancer and some forms of its treatment	<input type="radio"/>	<input type="radio"/>
Traumatic injury to veins	<input type="radio"/>	<input type="radio"/>
Pregnancy and childbirth	<input type="radio"/>	<input type="radio"/>
Combined hormonal contraceptives	<input type="radio"/>	<input type="radio"/>
Hormone therapy for menopause symptoms	<input type="radio"/>	<input type="radio"/>
Immobility, sitting too long, bedrest	<input type="radio"/>	<input type="radio"/>
A personal or family history of blood clots	<input type="radio"/>	<input type="radio"/>
A genetic blood clotting disorder, such as factor V Leiden	<input type="radio"/>	<input type="radio"/>
Age, older than 60	<input type="radio"/>	<input type="radio"/>
Overweight or obese	<input type="radio"/>	<input type="radio"/>
Smoking	<input type="radio"/>	<input type="radio"/>
Select autoimmune disorders, such as antiphospholipid syndrome	<input type="radio"/>	<input type="radio"/>
Chronic illness like heart disease and diabetes	<input type="radio"/>	<input type="radio"/>
NOTES		