

WOMEN'S HEALTH & CLOTTING QUARTERLY

e-Bulletin Issue 4, March 13, 2024



BLOOD CLOT AWARENESS MONTH



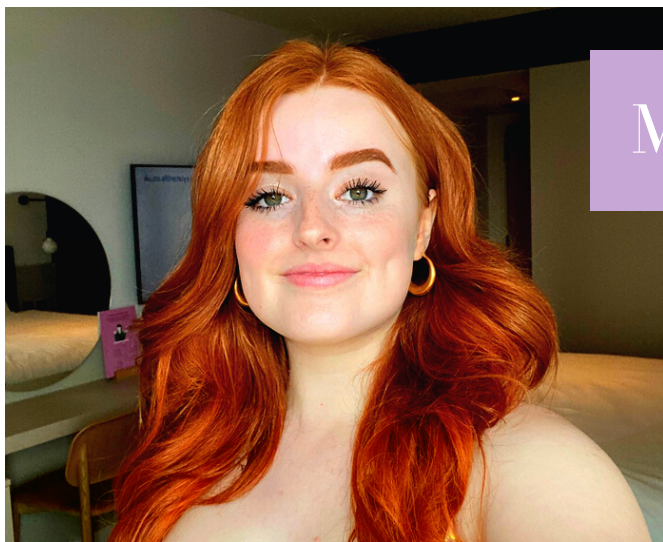
Collective Strength,
Individual Empowerment

BCAM24

As the community comes together this month to amplify blood clot awareness, our collective efforts help to empower others in knowledge, action, and connections. [Read more.](#)

GENETICS “R” US

Shifts in genetic medicine have solidified support for providing patients with actionable genetic testing for conditions like breast cancer. What role might genetic testing play in thrombophilia? [Read more.](#)



MY STORY, MY VOICE

Nicole was just 17 years old when she was hospitalized with blood clots in her leg and lungs. She still shakes when she recalls the experience now, and she remains at risk for clots in the future. [Read Nicole's story.](#)



INK-SIGHTS

During BCAM this year, the Foundation is introducing new content, sharing more personal stories, and kicking off a new project to address wellness and self-care in the context of clotting. [Read more.](#)

MY STORY, MY VOICE

At just 19, Becky was diagnosed with a blood clot in her leg, and soon thereafter learned she had tested positive for the inherited clotting disorder factor V Leiden. [Read Becky's story.](#)



MY STORY, MY VOICE

Hannah had just started using combined hormonal contraception when she experienced a life-threatening blood clot in her lung and then other complications. [Read Hannah's story.](#)



YOU MATTER

Medical storytelling allows people to validate their experiences while also informing and inspiring others. Every story is different, every story matters. Share your personal story [here](#).

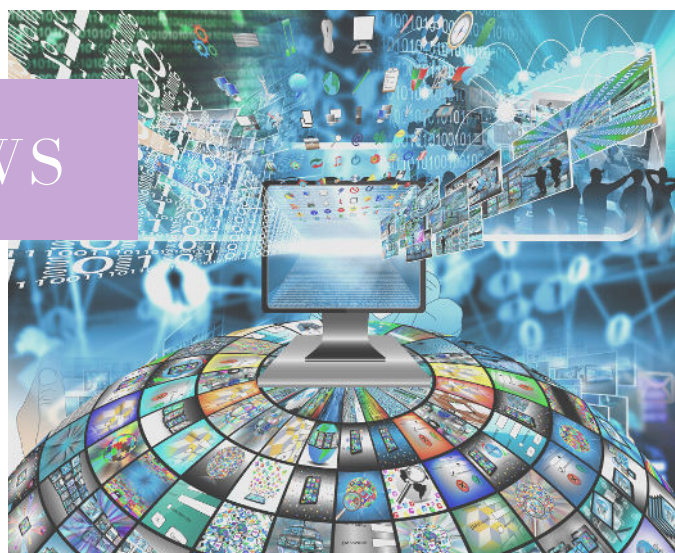
NET-SOURCED NEWS

[First Over-the-Counter Birth Control Pill Heads to Stores](#)

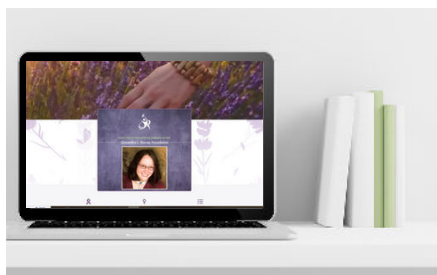
[The First Over-the-Counter Birth Control Pill Will be on Shelves Soon - Here are Some Key Things to Know](#)

[How Researchers at the National Heart, Lung, & Blood Institute are Unblocking the Science of Blood Clots](#)

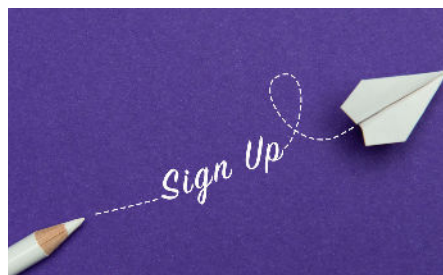
[Younger Generations Turning to Natural Birth Control Methods. There are Good Reasons Why.](#)



[RESOURCES](#)



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LET'S CONNECT

