

BLOOD CLOT SIGNS AND SYMPTOMS

Stop and **C**onsider: It Takes Just Two Letters to Help **S**pot a **C**lot

S

BLOOD CLOT IN LEG OR ARM

Soreness in leg or arm

Swelling in leg or arm

Skin is warm, red, or discolored

SEEK CARE

as soon as possible

C

BLOOD CLOT IN LUNG

Coughing, coughing up blood

Chest pain, worsens with deep breath

Can't catch breath or breathe well, heart racing

SEEK CARE

immediately