

# BLOOD CLOT SIGNS AND SYMPTOMS

Stop and **C**onsider: It Takes Just Two Letters to Help **S**pot a **C**lot

**S**

## BLOOD CLOT IN LEG OR ARM

**S**oreness in leg or arm  
**S**welling in leg or arm  
**S**kin is warm, red, or discolored

**SEEK CARE**  
as soon as possible

**C**

## BLOOD CLOT IN LUNG

**C**oughing, coughing up blood  
**C**hest pain, worsens with deep breath  
**C**an't catch breath or breathe well, heart racing

**SEEK CARE**  
immediately