

## Questions to Discuss with Your Healthcare Professional or Prescriber about Your Potential Hormonal Birth Control & Blood Clotting Risks

- How can I determine which method of birth control is best for me?
- How will hormonal birth control affect my body or health?
- Will the hormonal birth control method I might select increase my risk for blood clots?
- What role might my health history and family health history impact my choice of birth control?
- Can I be tested to determine if I have any clotting condition that might increase my clotting risk?
- Are there hormonal birth control options for me that have a lower dose of hormones?
- What hormones are in the birth control options that might be safer than others?
- Are there hormonal birth control pills with lower doses of estrogen that might be right for me?
- Should I avoid any medications that might impact the effectiveness of the birth control pill?
- Are there any side effects of hormonal birth control that I should be aware of?

